**2023 NXR Southwest TENTITIVE Itinerary**

**Nov 16 – 19**

**MEET DATE & LOCATION: 11/19.2023 – Coyote Run Golf Club, Mesa, AZ**

Hello NXR Athletes and Parents,

Below is our itinerary for the 2023 Nike Southwest Meet along with hotel information and coaches cell phones. Athletes competing at NXNSW as part of our RCXC Club are required to be with their teammates during the time we are in Phoenix.

Coaches Cell #’s Coach Davies:720-308-4123, Coach Grant:843-714-1832, Coach Alcala:303-885-8518

**Athletes/Coaches Hotel:** Town Place Suites Phoenix/Chandler Fashion Center, 3635 West Chandler Blvd. Chandler AZ. 85226. Tel: 480-525-8898

**Athletes/Coaches Flight Information**

**Thursday 11/16 Flights**

**Coaches Flight: Southwest Flight 1406: Departs DEN 8:50 am/Arrives PHX 10:50 am**

**Coaches pick up vans @ 11:00 am. Vans will leave airport at 2:30pm for hotel.**

\*Athletes arriving after 2:30 pm on Thursday, will need to meet us at our hotel on Thursday.

**Thursday 11/16 – Phoenix Itinerary**

**11:30 – 2:30pm – Coaches will pick up athletes at Southwest Arrival Doors**

3:00pm – Arrive Team Hotel/Check -In

4:30pm – Easy 30 min Jog – TBD

5:30pm – Dinner

7:00 – 9:30 – Movie

10:30 – Return to Hotel

11:00 – Lights out

**Friday - 11/17 Itinerary**

7:00 -9:00am – Breakfast @ Hotel

9:00 –11:00am Individual Meetings

12:00-1:00 – Light Lunch

2:30pm – Leave for Coyote Run Golf Club

3:00pm – 4:00pm – Jog NXN Course

4:30–6:00 pm – Race Expo/T-shirt Exchange

6:15 pm –Depart Coyote Run Golf Club

6:30pm - Arrive at Hotel – Change

7:00pm - 8:30 pm – Team Dinner

9:00 pm – Return to Hotel

10:00pm – Lights Out

**Saturday – 11/18 Itinerary**

7:00 – Grab-n-Go Breakfast

7:00 am – Depart for Coyote Run Golf Club

7:30 am – Arrive Coyote Run Golf Club

**Race Day Schedule**

8:15 a.m. Girls Small School Open Race PINK
8:27 a.m. Girls Medium School Open Race I YELLOW
8:39 a.m. Girls Medium School Open Race II TEAL
8:51 a.m. Girls Large School Open Race I RED
9:03 a.m. Girls Large School Open Race II BLANK
9:15 a.m. Boys Small School Open Race ORANGE
9:27 a.m. Boys Medium School Open Race I WHITE
9:39 a.m. Boys Medium School Open Race II BLANK
9:51 a.m. Boys Large School Open Race I BROWN
10:03 a.m. Boys Large School Open Race II PURPLE
10:30 a.m. Line Up Boys Championship Race
10:35 a.m. National Anthem
10:40 a.m. Introduction
10:47 a.m. Boys Championship Race BLACK
11:15 a.m. Line Up Girls Championship Race
11:20 a.m. Introduction
11:27 a.m. Girls Championship Race GREEN
12:10 p.m. Awards
12:45 p.m. -Championship Teams and Individuals Processing for Nationals

2:00 pm – Lunch – IN N OUT Burger! or other options

3:00pm – Return to Hotel

3:00 – 4:00pm Relax at Hotel

4:00 - 5:30pm - Team Meetings

5:30pm – Dinner/Free Time–Chandler Fashion Mall

10:00pm - Return to Hotel

11:00pm - Lights Out

**Sunday 11/20**

7-9:00am – Breakfast at Hotel

9-10:00am – Relax at Hotel

10:15am – Depart Hotel

10:45am – Arrive Phoenix Airport (Lunch at Airport)

**Sunday Flight Times**

**Coaches Flight: Southwest Flight 1269 - Depart PHX 2:40pm Arrive DEN 4:25pm**